

# Need Help & Support?

**Childline 0800 1111 (24 Hours)**

**NSPCC 0800 800 5000**

Here are some other points of contact which might be useful for children or adults to get help and support

Concern	Agency	Phone Number	Website
Support After Crime	Victim Support	0300 303 0161	<a href="http://www.victimsupport.org.uk">www.victimsupport.org.uk</a>
Food Bank	Chepstow Food Bank	07931 911869	<a href="http://www.chepstow.foodbank.org.uk">www.chepstow.foodbank.org.uk</a>
Emotional Support	Samaritans	01633 259000	<a href="http://www.samaritans.org/branches/newport-and-gwent-samaritans">www.samaritans.org/branches/newport-and-gwent-samaritans</a>
Family Therapy & Support			<a href="http://www.monfis.org.uk/support-services/face-2-face-counselling">www.monfis.org.uk/support-services/face-2-face-counselling</a>
Hate Crime	Police	101	<a href="http://www.reporthathe.victimsupport.org.uk">www.reporthathe.victimsupport.org.uk</a>
Domestic Violence	All Wales Domestic Violence Helpline	0808 80 10 800	<a href="http://livefearfree.gov.wales">http://livefearfree.gov.wales</a>
Crimes Against Women & Girls	Llamau	01873 733590	<a href="http://www.llamau.org.uk/monmouthshire-multi-agency-centre">www.llamau.org.uk/monmouthshire-multi-agency-centre</a>
Self Harm	Rethink	0300 5000 927	<a href="http://www.rethink.org">www.rethink.org</a>
Mental Health & Wellbeing	Rethink	0300 5000 927	<a href="http://www.rethink.org">www.rethink.org</a>
Child Sexual Exploitation	NSPCC	0800 800 5000	<a href="http://www.nspcc.org.uk">www.nspcc.org.uk</a>
Radicalisation & Extremism	NSPCC	0808 800 5000	<a href="https://goo.gl/f528qf">https://goo.gl/f528qf</a>
Female Genital Mutilation	FGM Helpline	0800 1111	<a href="https://goo.gl/wf6hGB">https://goo.gl/wf6hGB</a>
Drug Advice	FRANK	0300 123 6600	<a href="http://www.talktofrank.com">www.talktofrank.com</a>
Online Safety	CEOP		<a href="http://www.ceop.police.uk">www.ceop.police.uk</a>
Online Guidance & Advice	Think U Know?		<a href="http://www.thinkuknow.co.uk">www.thinkuknow.co.uk</a>
Alcohol Dependency	Gwent Drug & Alcohol Service	0300 123 1110	<a href="http://www.gdas.wales">www.gdas.wales</a>
Mental Health	SANE	0845 767 8000	<a href="http://www.sane.org.uk">www.sane.org.uk</a>
Family Support	Monmouthshire Family Information Service		<a href="http://www.monfis.org.uk">www.monfis.org.uk</a>
Childcare	Monmouthshire Family Information Service		<a href="http://www.monfis.org.uk">www.monfis.org.uk</a>

## Safeguarding

**School Designated Lead Person** – Steve King – Headteacher

**School Deputy Designated Lead Person** – Mark Adams – Deputy Headteacher

**Other Designated Safeguarding Lead Person** – Sarah Jane George – Additional Needs Leader

**Monmouthshire County Council Safeguarding in Education Lead Officer** – Heather Heaney 01633 644644

**Monmouthshire County Council Children's Services Duty Desk** – 01291 635669 (24 Hour)

*This information is also on the '24/7 Office' section of our school website  
[www.dell.monmouthshire.sch.uk](http://www.dell.monmouthshire.sch.uk)*